

# SITTING WITH SPIRIT



## Introduction to Mediumship

This workshop series is about recognizing or “unlocking” the natural ability to interact with spirit. The workshop gives a historical perspective of the ability and the value of using it for improving our quality of life. Definition of the ability, identifying the different types of mediumship and the ways they can be used will be discussed. The use of our psychic abilities is a critical element in development mediumship. The workshops feature demonstrations and allow practice among the participants. A meditation is included for students taking the classes.

### **Workshop #1**

### **Workshop #2**

### **Workshop #3**

### **Workshop #4**

### **Workshop #5**

### **Workshop #6**

### **Foundations**

### **Grieving, Loss, and Spirit Communication**

### **Sensing Spirit**

### **Saints, Angels, Guides, and Elementals**

### **Loved Ones in Spirit**

### **Putting it all together**

Dates to be announced

Cost of all Workshops \$295.00 per person